

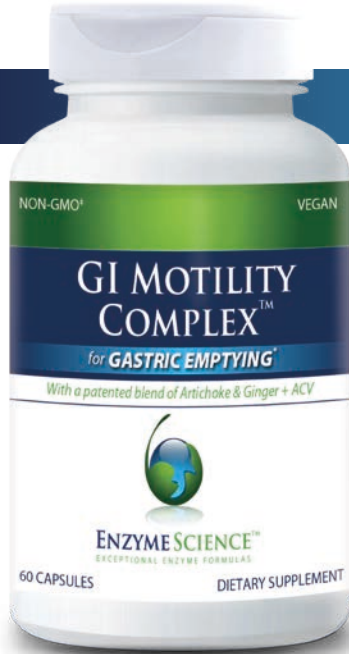


**ENZYME SCIENCE™**  
EXCEPTIONAL ENZYME FORMULAS

# GI MOTILITY COMPLEX™

for **GASTRIC EMPTYING\***

*With a patented blend of Artichoke & Ginger + ACV*



*The unique blend ProDigest®, consisting of artichoke and ginger extracts, supports gastrointestinal motility & transport and has been the subject of two human clinical studies.\**

One of the most common concerns for patients with digestive challenges is motility and discomfort. Often, many of these individuals will feel that the process of digestion takes too long, and as a result, may experience occasional lethargy, fullness, nausea, and bloating.

In many cases, these individuals turn to products that are designed to improve regularity. Some products may be addictive and extremely harsh on the digestive tract. It is best to consider the underlying causes for slow gastric emptying and its associated discomforts to determine the best approach for addressing these issues.

Dietary supplements can work with the body's natural digestive process to promote transport of food through the GI tract without the side effects of dependency.\*

GI Motility Complex™, contains ProDigest®, a blend of two plant extracts: a lipophilic CO<sub>2</sub> extract of ginger root (*Zingiber officinalis*) and a unique, patented triple standardized extract of artichoke leaves (*Cynara cardunculus*). Their benefits are further boosted with the power of Apple Cider Vinegar.

Unlike common artichoke extracts that are only standardized for caffeoylquinic acids, the Pycrinil® artichoke extract in ProDigest is triple standardized for caffeoylquinic acids, flavonoids and cynaropicrin. The ProDigest blend is further enhanced with the inclusion of a full spectrum Apple Cider Vinegar (ACV) powder. Unlike many other ACV extracts that are simply acetic acid, this unique ingredient source includes additional beneficial compounds commonly associated with the "mother" in liquid vinegar. These compounds offer numerous additional health benefits.<sup>1</sup>

## SUPPLEMENT FACTS

ProDigest®	320 mg
<i>Artichoke Extract (Cynara cardunculus) (Leaf)</i>	
<i>Ginger Extract (Zingiber officinale) (Root)</i>	
Apple Cider Vinegar Powder	250 mg

### OTHER INGREDIENTS:

100% Vegetarian Capsule (cellulose, water), rice concentrate

### CONTAINS NO:

gluten, milk, casein, soy, egg, artificial colors or flavors

ProDigest® is a registered trademark of Indena S.p.A., Italy

### RECOMMENDED DOSAGE:

Take 1 capsule, twice a day, before your largest meals. Consult with physician if you are pregnant or nursing, taking medications or have a medical condition.

## OUR QUALITY



GLUTEN FREE



DAIRY FREE



SOY FREE



NON GMO



NO ARTIFICIAL FILLERS



VEGAN

# 3 BENEFITS IN 1

Promotes **TRANSPORT**  
of food through the  
**GI TRACT\***



Soothes the **GI TRACT**  
with triple standardized  
**ARTICHOKE LEAF &**  
standardized **GINGER\***



Boosts  
**METABOLIC**  
function using  
**APPLE CIDER**  
**VINEGAR** with  
the **MOTHER\***



## SCIENTIFICALLY SUPPORTED FOR GASTRIC EMPTYING\*

ProDigest offers a synergistic combination to improve digestive functionality and reduce a stagnant bowel.\* This blend offers multiple benefits including a reduction of digestive discomforts such as gastric fullness, nausea and bloating, as well as an increase in gastric emptying and motility.\*<sup>2,3,4</sup>

Two human clinical studies have demonstrated the significant benefits of this combination. Supplementation with ProDigest was effective, after short-term administration, in improving symptoms related to digestive discomforts like epigastric fullness, bloating, and unwanted early satiety by 34% over placebo.\*<sup>3</sup> Overall, 86% of the participants in this study reported a marked reduction of discomfort intensity.<sup>3</sup> A second clinical showed that ProDigest can significantly promote gastric emptying by 24% over placebo without being associated with notable adverse effects.\*<sup>4</sup>

## GI MOTILITY COMPLEX ACHIEVING OPTIMAL HEALTH

In optimal health, the GI tract requires healthy peristaltic function in order to achieve superior digestion, absorption, and ultimately, elimination.

This healthy sequence of events can be disrupted due to compromised motility, thereby affecting gastric emptying, regularity, and the body's healthy microbial balance.

ProDigest works to support the small bowel and the stomach to promote healthy transit times.\* The addition of Apple Cider Vinegar works to enhance the formula with its full spectrum of beneficial compounds. GI Motility Complex delivers this combination of ingredients which work synergistically to provide foundational muscular health for the entire gastrointestinal system.\*

## REFERENCES

<sup>1</sup> Budak NH, Aykin E, Seydim AC, Greene AK, Guzel-Seydim ZB. Functional properties of vinegar. *J Food Sci.* 2014 May;79(5):R757-64. doi:10.1111/1750-3841.12434. Review.

<sup>2</sup> Ernst, E., & Pittler, M. H. (2000). Efficacy of ginger for nausea and vomiting: A systematic review of randomized clinical trials. *British Journal of Anaesthesia*, 84(3), 367-371. doi:10.1093/oxfordjournals.bja.a013442

<sup>3</sup> Giacosa, A., Guido, D., Grassi, M., Riva, A., Morazzoni, P., Bombardelli, E., ... Rondanelli, M. (2015). The Effect of Ginger (*Zingiber officinalis*) and Artichoke (*Cynara cardunculus*) Extract Supplementation: A Randomised, Double-Blind, and Placebo-Controlled Clinical Trial. *Evidence-based complementary and alternative medicine : eCAM*, 2015, 915087. doi:10.1155/2015/915087

<sup>4</sup> Lazzini S, Polinelli W, Riva A, Morazzoni P, Bombardelli E. The effect of ginger (*Zingiber officinalis*) and artichoke (*Cynara cardunculus*) extract supplementation on gastric motility: a pilot randomized study in healthy volunteers. *Eur Rev Med Pharmacol Sci.* 2016;20(1):146-9.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.