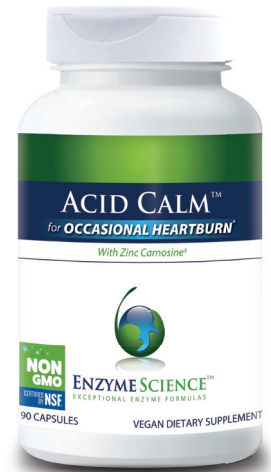


Occasional Heartburn and Indigestion*

ACID CALM™



The National Institutes of Health estimate that 60 million Americans experience a burning sensation in the chest or acid taste in their mouth, known as heartburn, at least once a month.¹

The National Institutes of Health estimate that 60 million Americans experience a burning sensation in the chest or acid taste in their throats at least once a month.¹ Occasional heartburn is a digestive problem that may occur when stomach acid comes into contact with the lining of the esophagus, causing irritation.

Most people suffer from heartburn occasionally, usually after a meal. Although commonly attributed to excessive acid production, occasional heartburn is often a symptom of impaired digestion as a result of factors including lifestyle, diet and genetics.

Supportive nutrients specific to the gastrointestinal region

While many products are formulated to address symptoms, Acid Calm contains natural enzymes that work with your body to soothe indigestion and enhance your body's natural digestive process.

Enzymes produced by the human digestive system play a vital role in overall health. They ensure proper breakdown, absorption and utilization of nutrients from the foods we eat. A deficiency in our natural production of digestive enzymes can be an underlying cause of gastrointestinal complaints, including occasional heartburn and acid reflux.

Acid Calm contains vegetarian enzymes and botanicals to support digestion and soothe symptoms associated with gastrointestinal (GI) distress. Acid Calm contains amylase, lipase and cellulase Thera-blend™ enzymes to enhance carbohydrate, fat and fiber digestion.

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- Discover relief from acid discomfort and occasional heartburn
 - Contains Zinc carnosine for mucosal protection
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Marshmallow Root has a high protein and mucilage-carbohydrate content the body can use to manufacture the necessary materials for new tissue production. Marshmallow also has mucilaginous (adhesive) properties enabling it to surround and expel foreign and toxic matter, and providing a soothing effect on inflamed mucosal membrane tissue. Marshmallow has been known to relieve irritation and inflammation of the mucous membranes of the respiratory and gastrointestinal tracts and to help normalize mucous secretions.²

Papaya leaf naturally contains proteolytic (protein-digesting) enzymes and has been studied for its soothing benefits and cleansing activity within the GI tract. It has been known to support healthy inflammation and natural activity in the removal of improper proteins, promoting less stress on the body's natural digestive processes.

The herbal ingredient Gotu Kola provides additional support for soothing discomfort. Gotu Kola is extremely rich in B vitamins and potassium and is used as a natural diuretic.

Zinc carnosine is a combination of the trace mineral zinc and L-carnosine. Zinc carnosine is a potent antioxidant, promoting a healthy inflammatory response in the gut. It provides soothing support to the digestive tract, strengthening the mucosal lining of the stomach and acting as a buffer to gastric acid. Each one capsule serving of Acid Calm provides 10 mg of zinc carnosine. According to a recent clinical trial, researchers reported beneficial effects of zinc carnosine on gut integrity and repair with standard dosages of 37.5 mg.³

¹ American College of Gastroenterology. Gastroesophageal reflux disease. In Common Gastrointestinal Problems <http://s3.gi.org/patients/pdfs/CommonGIProblems1.pdf>

² Basch E., Ulbricht, C., Hammerness, P. and Vora, M. Marshmallow (Althaea officinalis L.) monograph. J Herb Pharmacother. 2003;3(3):71-81, Pub Med PMID: 15277059.

³ Mahmood, A., et al. "Zinc carnosine, a health food supplement that stabilizes small bowel integrity and stimulates gut repair processes." Gut. 56.2 (2007): 168-75

RECOMMENDED USE:

1 capsule at the end of a meal to calm digestive discomfort. Acid Calm may be taken any time digestive discomfort begins. For enhanced digestion, Acid Calm may be taken in combination with Complete Digestion™, Critical Digestion™ or Intolerance Complex™.

Enzyme Science™ utilizes proven ingredients for maximum benefit

Marshmallow Root (*althaea officinalis r.*) is a well-known demulcent for soothing irritated membranes. The mucilaginous (adhesive) properties found in marshmallow root can have a soothing effect on the irritated mucosal tissue due to its cooling properties.

Papaya leaf naturally contains the proteolytic enzyme papain, which has shown clear benefit for symptoms of occasional heartburn.

Gotu Kola (*Centella asiatica*) has powerful antioxidant properties. It can also help improve the digestive and circulatory system by strengthening the walls of the intestinal tract.

Amylase Thera-blend™ contains multiple strains of enzymes responsible for breaking down carbohydrates, such as starch and glycogen, into smaller sugars.

Zinc carnosine is a combination of the trace mineral zinc and the amino acid compound L-carnosine, and is a potent antioxidant. It helps strengthen the mucosal lining of the stomach, acting as a buffer to gastric acid.

Cellulase Thera-blend™ contains multiple strains of cellulase for digesting dietary fiber. Cellulase is the only digestive enzyme our body does not produce.

Lipase Thera-blend™ contains multiple strains of lipase enzymes for catalyzing lipids to form fatty acids and glycerol.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per Serving		%DV
Zinc (as Zinc Carnosine [†])	2 mg	18%
Marshmallow Root	95 mg	**
Papaya Leaf	95 mg	**
Gotu Kola (aerial)	48 mg	**
Amylase Thera-blend™	3,000 DU	**
Zinc Carnosine [†]	10 mg	**
Cellulase Thera-blend™	600 CU	**
Lipase Thera-blend™	200 FIP	**

** Daily Value not established

OTHER INGREDIENTS: 100% Vegetarian Capsule (cellulose, water)

CONTAINS NO: egg, dairy, preservatives, salt, sucrose, soy, wheat, yeast, nuts, corn, gluten, casein, potato, rice, artificial colors or flavors.



Food Supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle



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