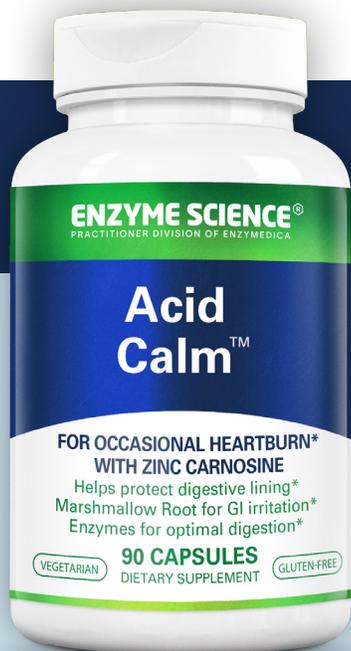


ENZYME SCIENCE®

PRACTITIONER DIVISION OF ENZYMEDICA



Acid Calm™

Relief for Occasional Heartburn and Indigestion*

A 2018 survey of 71,000 Americans evaluated the burden of gastrointestinal symptoms in the United States, and over 30% reported having occasional gastrointestinal symptoms, including heartburn and reflux.¹ Many conventional treatment options are effective but often serve as short-term relief and can lead to comorbidities.^{2,3}

Gastrointestinal Health

Digestion starts with the first bite of food; food then enters the esophagus and passes through the gastroesophageal sphincter and into the stomach and small intestine for breakdown and proper absorption. Excessive acid production, lifestyle factors, diet, overeating, meal timing, and volume can all influence gastroesophageal sphincter pressure and gastric emptying time. When it comes to digestive health, it is best to consider the digestive process from start to finish. A deficiency in our natural production of digestive enzymes can be an underlying cause of gastrointestinal complaints, including occasional heartburn and indigestion.* Acid Calm contains Thera-blend® enzymes to support proper breakdown, absorption, and utilization of nutrients from the foods we eat.

Marshmallow Root

Marshmallow Root (*Althaea officinalis*) has a high protein and mucilage content. Due to its high levels of mucilage, Marshmallow can surround and expel foreign and toxic matter, providing a soothing effect on inflamed mucosal membrane tissue.*⁴

PepZinGI® Zinc Carnosine

PepZinGI® is a chelated zinc-carnosine that combines trace mineral zinc and L-Carnosine: a dipeptide of beta-alanine and L-histidine. PepZinGI® has been well-researched and shown to support indigestion and maintaining healthy mucosal integrity.^{5,6,7}

The gastrointestinal benefits of zinc-carnosine are unique as it does not interfere or disrupt the normal digestive process like traditional methods.⁸ When zinc is bonded to L-carnosine, it dissociates in the stomach at a slower rate. Research has shown the combination of chelated Zinc-L Carnosine remains in the stomach twice the amount of time when given individual zinc and L-Carnosine, making this formulation superior to single interventions.⁹

Acid Calm™ for Optimal Health*

The digestive system is the mechanism for nourishing the entire body and ultimately achieving optimal health. Stress, environmental factors, poor diet and alcohol can all affect the relaxation of the gastroesophageal sphincter. Supporting digestion with enzymes while maintaining healthy mucosal integrity is essential.*

Enzyme Science Acid Calm contains vegetarian enzymes and botanicals to

- Helps protect digestive lining*
- Soothing marshmallow root for GI irritation*
- Enzymes for optimal digestion*

With enzymes, zinc carnosine, and marshmallow root.

Acid Calm™ provides relief for occasional heartburn and indigestion, while also providing long-term support for GI system function.* PepZinGI® zinc carnosine helps protect the mucosal lining, acting as a barrier for stomach acid.* This protease-free formula includes vegetarian Thera-blend® enzymes to optimize digestion and soothing marshmallow root.*

SUPPLEMENT FACTS

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per Serving	%DV
Zinc (from 10 mg of PepZinGI® Zinc Carnosine)	2 mg 18%
Marshmallow Root (<i>Althaea officinalis</i>)	238 mg **
Acid Calm™ Enzyme Blend 215 mg **	
Cellulase Thera-blend® (600 CU)	
Lipase Thera-blend® (200 FIP)	
Amylase Thera-blend® (3,000 DU)	

** Daily Value (DV) not established

OTHER INGREDIENTS:

100% vegetarian capsule (cellulose, water)
CONTAINS NO: Casein, crustaceans, eggs, fish, gluten, milk, nuts, sesame, shellfish, soy or wheat; and no artificial colors, fillers or flavors

RECOMMENDED DOSAGE:

1 capsule at the end of a meal to calm digestive discomfort.* Can be taken any time digestive discomfort begins. More may be taken as recommended by a healthcare practitioner. Consult a physician before use if you are pregnant or nursing, taking medications or have a medical condition.



support healthy digestion and calm symptoms associated with gastrointestinal distress.* Thera-blend® enzymes are comprised of multiple variants blended to work synergistically through the broad pH range of the human body. Thanks to its cooling properties, the demulcent marshmallow root is well known for soothing irritated membranes.* Finally, zinc carnosine helps strengthen the mucosal lining of the stomach, acting as a buffer to gastric acid.*

While many products are formulated to address symptoms, Acid Calm contains natural enzymes that work with your body to soothe indigestion and enhance your body's natural digestive process.* Acid Calm provides a synergistic approach to supporting healthy digestion and proper absorption of key nutrients.*

References

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About the 2025 Formula Update

Multiple factors may be involved when individuals experience occasional heartburn or upper digestive discomfort. To offer broad, gentle support, we revised the Acid Calm formula and increased the amount of marshmallow root. This soothing botanical coats and protects the digestive lining while supporting the health of mucosal tissues.* It's a safe, effective way to calm and comfort sensitive membranes.*

Gotu kola has long been valued for supporting tissue integrity and mucosal health.* However, newer evidence shows that a meaningful level of its active compounds requires a higher concentration than can reasonably fit in this capsule. As a result, this herb was removed to make room for ingredients that deliver greater benefit at effective doses.

Papaya leaf naturally contains bitter compounds that encourage healthy digestive secretions and benefit those with slower digestion.* Yet for individuals with more sensitive stomachs, bitters can sometimes feel too stimulating. To keep the formula gentle, balanced and suitable for a wide range of digestive needs, papaya leaf was also removed.

ENZYMESCIENCE®

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



As the practitioner division of Enzymedica, America's #1 digestive enzyme company, we know you trust us to help your clients – our integrity and quality reflect the values of your practice. This is our promise.