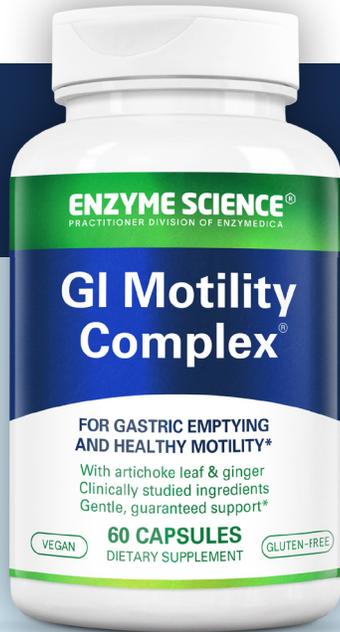


# ENZYME SCIENCE®

PRACTITIONER DIVISION OF ENZYMEDICA



## GI Motility Complex®

### For Gastric Emptying and Healthy Motility\*

#### With clinically studied ProDigest®

The unique blend ProDigest®, consisting of artichoke and ginger extracts, supports gastrointestinal motility and transport and has been the subject of two human clinical studies.\* One of the most common concerns for patients with digestive challenges is motility and discomfort. Often, many of these individuals will feel that the process of digestion takes too long, and as a result, may experience occasional lethargy, fullness, nausea, and bloating. In many cases, these individuals turn to products that are designed to improve regularity.

Some products may be addictive and extremely harsh on the digestive tract. It is best to consider the underlying causes for slow gastric emptying and its associated discomforts to determine the best approach for addressing these issues. Dietary supplements can work with the body's natural digestive process to promote transport of food through the GI tract without the side effects of dependency.\* GI Motility Complex™, contains ProDigest®, a blend of two plant extracts: a lipophilic CO2 extract of ginger root (*Zingiber officinalis*) and a unique, patented triple standardized extract of artichoke leaves (*Cynara cardunculus*). Their benefits are further boosted with the power of apple cider vinegar. Unlike common artichoke extracts that are only standardized for caffeoylquinic acids, the Pycrinil® artichoke extract in ProDigest is triple standardized for caffeoylquinic acids, flavonoids and cynaropicrin.

The ProDigest blend is further enhanced with the inclusion of a full spectrum apple cider vinegar (ACV) powder. Unlike many other ACV extracts that are simply acetic acid, this unique ingredient source includes additional beneficial compounds commonly associated with the “mother” in liquid vinegar. These compounds offer numerous additional health benefits.<sup>1</sup>

#### Scientifically Supported for Gastric Emptying\*

ProDigest offers a synergistic combination to improve digestive functionality and reduce a stagnant bowel.\* This blend offers multiple benefits including a reduction of digestive discomforts such as gastric fullness, nausea and bloating, as well as an increase in gastric emptying and motility.\*<sup>2,3,4</sup> Two human clinical studies have demonstrated the significant benefits of this combination. Supplementation with ProDigest was effective, after short-term administration, in improving symptoms related to digestive discomforts like epigastric fullness, bloating, and unwanted early satiety by 34% over placebo.\*<sup>3</sup> Overall, 86% of the participants in this study reported a marked reduction of discomfort intensity.<sup>3</sup> A second clinical showed that ProDigest can significantly promote gastric emptying by 24% over placebo without being associated with notable adverse effects.\*<sup>4</sup>

- With Artichoke leaf & Ginger
- Clinically studied ingredients
- Gentle, guaranteed support\*

With clinically studied ProDigest® (triple-standardized artichoke leaf and ginger extracts) to naturally soothe.\*

GI Motility Complex® provides support for slowed gastric emptying and associated discomforts, like occasional constipation & bloating.\* ProDigest® promoted healthy transit times by at least 30% and had a positive effect on digestive discomfort in 82% of people.\* Also includes apple cider vinegar to boost metabolic function.\*

### SUPPLEMENT FACTS

#### Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 60

Amount Per Serving	%DV
ProDigest®	320 mg **
Artichoke Extract ( <i>Cynara cardunculus</i> ) (Leaf) (std. caffeoylquinic acids, flavonoids and cynaropicrin)	
Ginger CO2 Extract ( <i>Zingiber officinale</i> ) (Rhizome) (std. to gingerols and shogaols)	
Apple Cider Vinegar Powder ( <i>Malus domestica</i> ) (fruit)	250 mg **

\*\* Daily Value (DV) not established

#### OTHER INGREDIENTS:

100% vegetarian capsule (cellulose, water)  
CONTAINS NO: dairy, egg, preservatives, salt, sucrose, soy, wheat, yeast, nuts, corn, gluten, casein, potato, artificial colors or flavors.

#### RECOMMENDED DOSAGE:

1 capsule, twice a day, before your largest meals. More may be taken as recommended by a healthcare practitioner. Consult a physician before use if you are pregnant or nursing, taking medications or have a medical condition.



## GI Motility Complex for Optimal Health

In optimal health, the GI tract requires healthy peristaltic function in order to achieve superior digestion, absorption, and ultimately, elimination. This healthy sequence of events can be disrupted due to compromised motility, thereby affecting gastric emptying, regularity and the body's healthy microbial balance. ProDigest works to support the small bowel and the stomach to promote healthy transit times.\* The addition of apple cider vinegar works to enhance the formula with its full spectrum of beneficial compounds. GI Motility Complex delivers this combination of ingredients, which work synergistically to provide foundational muscular health for the entire gastrointestinal system.\*

### References

- 1 Budak NH, Aykin E, Seydim AC, Greene AK, Guzel-Seydim ZB. Functional properties of vinegar. J Food Sci. 2014 May;79(5):R757-64. doi:10.1111/1750-3841.12434. Review.
- 2 Ernst, E., & Pittler, M. H. (2000). Efficacy of ginger for nausea and vomiting: A systematic review of randomized clinical trials. British Journal of Anesthesia, 84(3), 367-371. doi:10.1093/oxfordjournals.bja.a013442
- 3 Giacosa, A., Guido, D., Grassi, M., Riva, A., Morazzoni, P., Bombardelli, E., ... Rondanelli, M. (2015). The Effect of Ginger (Zingiber officinalis) and Artichoke (Cynara cardunculus) Extract Supplementation: A Randomised, Double-Blind, and Placebo-Controlled Clinical Trial. Evidence-based complementary and alternative medicine : eCAM, 2015, 915087. doi:10.1155/2015/915087
- 4 Lazzini S, Polinelli W, Riva A, Morazzoni P, Bombardelli E. The effect of ginger (Zingiber officinalis) and artichoke (Cynara cardunculus) extract supplementation on gastric motility: a pilot randomized study in healthy volunteers. Eur Rev Med Pharmacol Sci. 2016;20(1):146-9.



As the practitioner division of Enzymedica, America's #1 digestive enzyme company, we know you trust us to help your clients – our integrity and quality reflect the values of your practice. This is our promise.

# ENZYME SCIENCE®

## CONTACT US

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.